

DEALING WITH FEELINGS #4

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Accept people. Expect _____, but accept _____.

John 16:33

Psalms 62:5

John 5:1-7

Expecting the _____ is an obstacle of faith.

"Is God your _____, or is He your excuse?"

Phil. 4:13 Living Bible

In our spiritual life, "*will not*" soon becomes, "_____."

_____ *your feelings* to look to what God has done.

Look to God's Salvation by focusing on 3 things:

_____ I am in Christ

_____ I have in Him and

_____ I can do because of Him

Our emotions must be *protected* so that they can be _____!

Psalms 42:11

"Don't let what's wrong with you keep you from worshiping what's right with God."

_____ renews your mind and emotions.

Low expectations are the byproduct of _____ and thanklessness.

Psalms 146:5

DEALING WITH FEELINGS #4—Group Homework

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1. Looking back at your notes from Sunday's teaching, was there anything that caught your attention, challenged or confused you?

2. Would you say that your expectations have affected your emotions more positively or negatively in your life so far?

3. Some people decide to keep their expectations low thinking that they will then never be disappointed. How might the following verses affect this kind of thinking?

Psalms 37:4

Psalms 94:19

4. When, if ever, have your expectations gotten ahead of your faith?

5. What steps or practices, if any, have you found effective in letting God manage your expectations?